



### **Shoulder – Sagittal Plane**

The device is held in the hand and the arm, stretched to the front, is lifted as high as it can go and the maximum range of movement is measured.

**Range:** 0°-180°



### **Shoulder – Coronal Plane**

The device is held in the hand and the arm, stretched out to the side, is lifted as high as it can go and the maximum range of movement is measured.

**Range:** 0°-180°



### **Supination, Pronation**

The device is held in the hand and the lower arm is turned.

**Range:** -90°- 0° -90°



### **Wrist Extension, Flexion**

The device is held in the hand and the wrist is moved up and down.

**Range:** -90°- 0°- 90°



### **Elbow Extension, Flexion**

The device is held in the hand, and the forearm is moved up and down.

**Range:** 0°-180°